

SWEDISH ARCHIPELAGO OFFER



Day 1 Stockholm

- Drive to Smådalarö Gård Hotell & Spa
- Overnight in Deluxe room with sea view at Smådalarö Gård Hotel & Spa or similar
 - Smådalarö Gård Hotel & Spa offers 110 bedrooms, where a homely colour palette instils calm and carefully chosen furnishings and pops of colour give every room its own personal style. The stunning 41 sqm corner suite invites you to enjoy a separate bedroom, dining area and a balcony overlooking the tranquil Hemviken. One of Sweden's largest spas set in the heart of the Stockholm archipelago.



Day 2 Stockholm

- Breakfast at hotel
- Spa Entrance
- Treatment package choose one of the following

- **1- salty sprinkles with beneficial magnesium 50min**

Magnesium is a crucial mineral when it comes to promoting the body's energy, circulation and muscle function. A beneficial body

treatment that combines the benefits of dry brushing and lymphatic drainage and strengthens the body's natural cleansing system. Mindfulness - application with a magnesium-rich body cream and essential oil allows the body to recover.

Lymphatic drainage: light pressure and stroking in the direction of the lymph flow stimulates the lymphatic system to efficiently transport excess fluid and waste products out of the body.



- **2-Neroli Blossom Body Scrub 50 min**

Bring the senses to life with the signature scent of the orange blossom, Neroli Blossom.

This deeply relaxing, hydrating and radiant massage experience includes a purifying foot ritual with Acu-flex massage.

A lymphatic dry brushing* is followed by a mindfulness massage application with warm neroli oil.

- **3- Classic Massage 50 min**

Take a deep breath and enjoy your moment. A Calm Mind ritual* begins the treatment that helps you clear your mind and put daily stress aside and you then get to enjoy a classic massage tailored to you with an organic and vitamin-rich oil.

- Overnight in Deluxe room with sea view at Smådalarö Gård Hotell & Spa or similar

Day 3 Stockholm

- Breakfast at hotel
- Day at leisure
- Overnight in Deluxe room with sea view at Smådalarö Gård Hotell & Spa or similar

Day 4 Stockholm

- Breakfast at hotel
- Drive back to Gothenburg



